C:\Users\lmartin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PAEMBCG0\MC900215687[1].wmf**Troop Camping List**C:\Users\lmartin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4XPBFU0W\MC900280396[1].wmf

**(for Glen Shelter Camping)**

**What to Bring:**

\*\*We actually prefers that girls not have to buy new things for a camping trip. If you don’t have something, ask someone else in the troop or a neighbor. There are also a lot of everyday household items that can be used in place of buying something so if you need advice, let us know!

Gear:

* Small duffle bag or backpack for carrying everything (except sleeping bag)
* Sleeping bag or bed roll (blankets and sheets rolled and tied)
* Small pillow or pillow case to stuff extra clothes
* Flashlight – small enough for girl to handle on her own (check batteries)
* Plastic bags for wet/dirty things
* Sit-upon

Eating Equipment:

* Drip net bag (this can be a camping net bag or even an onion or laundry bag – just something with holes in it for water to drain out and they can hang it up with their dishes in it
* Knife, spoon, fork (unbreakable) – labeled!
* Unbreakable bowl, plate, cup (aka “mess kit”) – labeled!

Clothes:

* Bandana (bring at least two – these are important for wiping hands after washing, carrying things, etc.)
* Pajamas (two piece)
* Jacket/sweatshirt or sweater
* Rain gear: poncho, boots (if rain is forecast)
  + we will look at the weather closer to the time to check for forecasts of rain, extreme cold or heat and average day and night temps for the area where we will be
* Hat for sun or rain – baseball cap for day and soft winter hat for night is suggested
* Gloves for night if it’s going to be cold
* Change of clothing:
  + Jeans/long pants
  + Shirt
  + Socks
  + Spare shoes
  + Underwear
* Suggest the girls wear either long pants or knee-high socks

Toiletries:

* \*Any lotions or items that could leak should be in a baggie
* Brush/comb/nail file/safety pins
* Non-aerosol bug repellant (if a lotion please put in a baggie and mark both bottle and baggie with daughter’s name)
* Non-aerosol sun block (labeling same as above and in baggie)
* Tissues, lip balm
* Toothbrush, toothpaste
* Washcloth, small towel, small soap
* Medication: properly labeled and given to First Aider

Optional:

* small stuffed friend for night-time
* book/journal and pen/pencil for down time

**What NOT to Bring:**

* Video games, mp3 players, etc.
* Toys, dolls, large stuffed animals (except for a small one for night-time)
* Candy, gum, personal snacks, or any extra food
* Games, small parts to something, etc.
* Aerosol cans
* Glass containers (except Rx given to First Aider)
* One-piece pj’s
* Scented items

**Important packing tips/helpful hints:**

* LABEL everything! Each girl must be able to identify what is hers.
* Let your daughter help pack her bag – that way she will know where everything is!
* It’s good practice for each girl to be able to carry in and carry out their own things so make sure that she can carry her overnight bag on her own. Sometimes two small bags is easier than one large bag.
* Dress in layers.
* Pack clothes in plastic bag by day or type, i.e. bag labled “PJ’s” or “extra socks and undies” or “Sunday clothes”
* Pack first-used items on top
* Pack in waterproof duffle bag (or school backpack) lined with plastic bag
* Clothes-toed shoes must be worn at all times (bring an extra pair in case they get wet!)
* If the forecast is for rain we recommend a pair of rain boots as well.

**What Camping leaders will bring:**

* First aid items
* Watch/clock
* Extra Flashlights and lanterns
* Coleman glow sticks
* Tarps/canopies for outside of glen shelters
* Trash bags
* Extra eating utensils, plates, etc. in case someone forgets theirs

**Adults:** Pack everything as above for yourself but also leave any perfumed sprays, lotions, etc. at home. Any feminine hygiene products should be in plastic baggies. Please don’t bring extra food or snacks for yourself or daughter (unless for allergy/medical reasons) as these items will have to be stored safely and will cause clutter.